



**SANMARK<sup>®</sup>**  
İLAC GIDA VE MAKİNA SAN.TİC. A.Ş.





## ► ABOUT US

The current representative of the company, which has been serving the pharmaceutical industry for more than 34 years, is SANMARK A.Ş.; In line with the experiences from the past, together with its expert staff, it produces supplements and sports nutrition products in accordance with GMP, ISO 22000:2018, ISO 9001: 2015 and OHSAS 18001:2007 standards in its hygienic and modern facility. Today, with the technology renewed every day, it has adopted the principle of providing quality products to the end user by providing suitable environmental conditions for R&D studies.

## ► MISSION

To carry out the rigorous and successful production of Supplementary Foods and Sports Nutrition without sacrificing quality, by examining them scientifically and to ensure a healthier functioning and sustainability on the consumer by carefully examining the raw material specs supplied from Turkey and abroad by our expert staff.

## ► VISION

Aiming to produce reliable products in order to enable people in our country and the world to lead a healthier life, it takes its place among the leading companies in the field of export with Food Supplement production and Sports Nutrition Products.

## ► OUR VALUES

- Reliability
- Honesty
- Innovation
- Ethical principles
- Productivity
- Quality Orientation
- Respect for People and Society
- Excellence
- Customer Happiness
- Respect for the Environment
- Life quality
- Research and Development

# MANUFACTURING PLANT





**SAN MARCO**<sup>®</sup>  
NUTRITION

SPORTS  
SUPPLEMENT



DIETARY  
SUPPLEMENT



**SANMARK®**  
İLAÇ GIDA VE MAKİNA SAN.TİC. A.Ş.





# SANMARK VİTAMİN C

SANMARK VİTAMİN C; Chewing Tablets Dietary Supplement with Orange and Lemon Flavor

## Ingredients:

L-Ascorbic acide (Vitamin C), Carrier: Mannitol, Ancillary Components: Maltodextrin, Stabilizör: Polivinilpolidon, Anti-Caking Agent: Silicon dioxide and Fatty acide magnesium salts, Aroma Verici: Orange and Lemon, Sweetner: Sucralose.



**60**  
**CHEWING**  
**TABLET**

Approval Number : 010550-14.04.2021



# SAMBUJOY®



**SAMBUJOY; Liquid Dietary Supplements with Multivitamin, Multimineral and Blackelderberry Extract**

## Ingredients:

Deionized Water, Sugar, Shine: Glycerol, Ascorbic acid, Black Eldeberry Concentrate (Sambucus nigra) Fruit, Acidity regulator: Citric acide, Zinc Gluconate, Flavoring: Strawberry, Elderberry extract (Sambucus nigra) Fruit, Thickener: Xantan Gam, DL-a-tocopheryl acetate, Preservatives (Potassium sorbate and Sodium benzoate), Nicotinamide, D-Pantothenate Calcium, Manganese sulfate, Sweetener: Sucralose, Thiamine hydrochloride, Riboflavin, Pyridoxine hydrochloride, Retinyl acetate, Pteroylmonoglutamic acid, Sodium molybdate, Potassium iodide, Phytomenadione, D-Biotin, Cholecalciferol, Cyanocobalamin.

50 mg	Black Eldeberry Concentrate	22 mg	Black Eldeberry Extract	76 mg	Vitamin C	10 mg	Vitamin B3	8 mg	Vitamin E
3,7 mg	Vitamin B5	0,9 mg	Vitamin B2	0,8 mg	Vitamin B1	0,5 mg	Vitamin B6	400 µg	Vitamin A
300 µg	Folic ACIDE	20 µg	Vitamin K	10 µg	Vitamin D	1,5 µg	Vitamin B12	17 µg	Biotin
2 mg	ZINC	1 mg	MANGANESE	70 µg	IODIDE	56 µg	SELENIUM	80 µg	MOLIBDEN

Approval Number : 009366-18.12.2020





# GROSSPAN®

**GROSSPAN; Liquid Dietary Supplement Honey&Menthol Flavors with Herbal extracts**

## Ingredients:

Deionized water, Sugar, Acidity regulators (Citric acid and Sodium citrate), Thickener (AcaciaGam), Licorice Extract (Glycyrrhiza glabra) Root, Flavoring: Honey and Menthol Aroma, Grape Seed Extract (Vitis vinifera) Seed, Preservatives (Sodium) benzoate, Potassium sorbate), Sage extract (Salvia officinalis) Leaf, Linden Extract (Tilia sp.) Extract, Turmeric Extract (Curcuma Longa) Root, Medicinal Mint Extract (Mentha piperita) Leaf, Black Pepper Extract (Piper nigrum) Fruit, Sweetener: Steviol Glycosides, Ginger Extract (Zingiber officinale) Root.

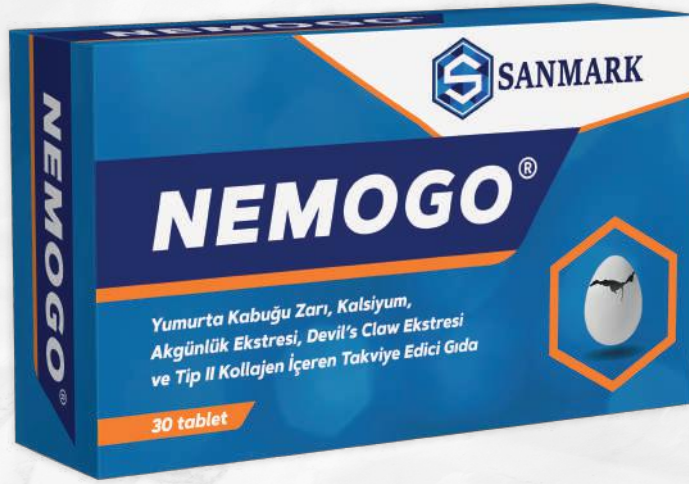
90 mg	Licorice Extract	15 mg	Sage Extract
11 mg	Turmeric Extract	0,75 mg	Ginger Extract
30 mg	Grape Seed Extract	15 mg	Linden Extract
4,5 mg	Medicinal Mint Extract	3,8 mg	Black Pepper Extract



**100**  
ML

**Approval Number: 008939-04.11.2020**





# NEMOGO®

**NEMOGO, Film Coated Tablets Dietary Supplement with Egg Shell Membrane, Calcium, Boswellia Serrata Extract, Devil's Claw Extract And Type II Collagen**

## Ingredients:

Volume Enhancer: Microcrystalline cellulose and Polydextrose, Eggshell Membrane, Calcium carbonate, Lactose monohydrate, Stabilizer: Polyvinylpyrrolidone, Boswellia serrata extract (Boswellia serrata) resin, Devil's Claw extract (Harpagophytum procumbens) root, Anti-caking agents, Anti-caking type II collagen: magnesium salts, Carrier: Silicon dioxide, Brightener: Hydroxypropyl methyl cellulose, Colorants: Titanium dioxide and Iron Oxides, Emulsifier Polyethylene glycol and Mono and diglycerides of Fatty acids.

300 mg	Eggshell Membrane	120 mg	Calcium
100 mg	Boswellia Serrata Extract	50 mg	Devil's Claw Extract
40 mg	Tip II Collagen		



**30**  
**TABLET**

Approval Number: 010676-03.05.2021





# MULTIDYN®

**MULTIDYN, Film Coated Tablets Dietary Supplement with Multivitamin, Multimineral and Ginseng Extract**

## Ingredients:

Vitamin Mineral Mix (Ascorbic acid, Calcium carbonate, Magnesium oxide, Nicotinamide, D-Pantothenate calcium, Ferrous sulfate, DL-alpha-tocopheryl acetate, Zinc sulfate, Pyridoxine hydrochloride, Manganese sulfate, Thiamine mononitrate, Riboflavin, Copper sulfate, Retinyl acetate, D -Biotin, Cholecalciferol, Cyanocobalamin), Volume Enhancer: Microcrystalline cellulose and polydextrose, Stabilizer: Polyvinylpyrrolidone, **Lactose** monohydrate, Red Ginseng Extract (Root), Colorants (Titanium dioxide and Iron oxides), Brightener: Hydroxypropyl glycol and Polyethylene cellulose, Emulsion Mono and diglycerides of fatty acids, Anti-caking: Magnesium salts of fatty acids.

160 mg	Vitamin C	24 mg	Vitamin B3	9,7 mg	Vitamin E	6 mg	Vitamin B5	2,1 mg	Vitamin B6
1,4 mg	Vitamin B1	1,4 mg	Vitamin B2	580 µg	Vitamin A	100 µg	BIOTIN		
7 µg	Vitamin D3	5 µg	Vitamin B12	120 mg	CALCIUM	9,8 mg	IRON		
5 mg	ZINC	0,90 mg	COPPER	2 mg	MANGANESE	25 mg	Ginseng Extract		



**30**  
**TABLET**

Approval Number : 009317-16.12.2020



# ARGISTOL®

**ARGISTOL , Liquid Supplement Orange Flavor L-Arginine, Choline, L-Carnitine, Inositol Multivitamin and Multimineral**



**150  
ML**

## Ingredients:

Deionized water, Sugar, L-Arginine, Choline chloride, L-Carnitine, Inositol, Ascorbic acid, Zinc gluconate, Nicotinamide, Acidity Regulator (Citric acid), D-Pantothenate calcium, Preservatives (Potassium sorbate and Sodium benzo-ate), Consistency Donor (Xanthan Gum), Manganese Sulfate Monohydrate, Thiamine mononitrate, Riboflavin, Sodium selenite, Pyridoxine hydrochloride, Retinyl Acetate, Pteroylmonoglutamic acid, Potassium Iodide, Phytomenadione, Cholecalciferol, Cyanocobalamin.

250 mg	L-ARGININE	120 mg	CHOLINE	120 mg	L-CARNITINE	100 mg	INOSITOL	75 mg	Vitamin C
25 mg	Vitamin B3	5 mg	Vitamin B5	1 mg	Vitamin B1	1 mg	Vitamin B2	0,5 mg	Vitamin B6
250 µg	Vitamin A	30 µg	Vitamin K	10 µg	Vitamin D	1,5 µg	Vitamin B12	150 µg	Folic Acide
5 mg	ZINC	1 mg	MANGANESE	75 µg	IODIDE	50 µg	SELENIUM		

**Approval Number : 012678-21.01.2022**





## GUARANA EXTRACT

**SANMARK GUARANA EXTRACT, Film Coated Tablets Dietary Supplement with Guarana Extract**

### Ingredients:

Guarana extract (Root), Volume Enhancer: Microcrystalline cellulose and polydextrose, Stabilizer: Polyvinylpyrrolidone, Colorants (Titanium dioxide and Iron oxides), Brightener: Hydroxypropyl methyl cellulose, Emulsifier: Polyethylene glycol and Mono- and diglycerides of fatty acids, Anti-caking agents of fatty acids: salts.



**60**  
**TABLET**

**Approval Number : 012677-21.01.2022**

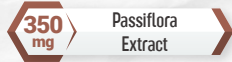


## PASSIFLORA EXTRACT

SANMARK PASSIFLORA EXTRACT, Capsule Dietary Supplement with Passiflora Extract

### Ingredients:

Passiflora extract, Capsule (Hydroxy propyl methyl cellulose, Carrot Concentrate)



**30**  
**VEGETARIAN**  
**CAPSULE**

Approval Number : 012657-20.01.2022



[www.sanmark.com.tr](http://www.sanmark.com.tr) | [www.sanmarconutrition.com](http://www.sanmarconutrition.com)

# PROTEINS



## MARCO WHEY CHOCOLATE FLAVOR 2300 GR

### Ingredients:

**Whey protein concentrate**, Cocoa Powder, Creatine monohydrate, L-Glutamine, Flavoring (Dark chocolate, Chocolate and white chocolate), Choline, Anti-caking (Silicon dioxide), Thickener (Acacia gum), D-Pantothenate calcium, Sweeteners (Sucralose, Acesulfame K), Thiamine hydrochloride, Pyridoxine hydrochloride.

<b>23 gr</b>	PROTEIN	<b>1000 mg</b>	Creatine Monohydrate
<b>265 mg</b>	CHOLINE	<b>600 mg</b>	L-GLUTAMINE
<b>63 mg</b>	Total Vitamin (B1, B5, B6)	<b>3,97 gr</b>	BCAA



**76**  
SERVINGS

## MARCO WHEY STRAWBERRY&BISCUIT FLAVORS 2300 GR

### Ingredients:

**Whey protein concentrate**, Creatine monohydrate, L-Glutamine, Anti-caking (Silicon dioxide), Flavor (Strawberry and Biscuit), Choline, Colorant (Beet Root Red), Thickener (Acacia gum), Flavorings (Sucralose, Acesulfame K), Thiamine mononitrate, Pyridoxine hydrochloride.

<b>24 gr</b>	PROTEIN	<b>1,51 gr</b>	Creatine Monohydrate
<b>165 mg</b>	CHOLINE	<b>666 mg</b>	L-GLUTAMINE
<b>3,1 mg</b>	Total Vitamin (B1, B6)	<b>4,2 gr</b>	BCAA



**76**  
SERVINGS

# PROTEINS



## MARCO WHEY CHOCOLATE FLAVOR 910 GR

### Ingredients:

**Whey protein concentrate**, Cocoa Powder, Creatine monohydrate, L-Glutamine, Flavoring (Dark chocolate, Chocolate and white chocolate), Choline, Anti-caking (Silicon dioxide), Thickener (Acacia gum), D-Pantothenate calcium, Sweeteners (Sucralose, Acesulfame K), Thiamine hydrochloride, Pyridoxine hydrochloride.



**30**  
SERVINGS



## MARCO WHEY CHOCOLATE FL. SACHET 30 GR x 16

### Ingredients:

**Whey protein concentrate**, Cocoa Powder, Creatine monohydrate, L-Glutamine, Flavoring (Dark chocolate, Chocolate and white chocolate), Choline, Anti-caking (Silicon dioxide), Thickener (Acacia gum), D-Pantothenate calcium, Sweeteners (Sucralose, Acesulfame K), Thiamine hydrochloride, Pyridoxine hydrochloride.



**16**  
SERVINGS



# AMINO ACIDES



## BCAA MIXTURE FRUIT MIX FLAVOR 644 GR

### Ingredients:

BCAA Mixture blend [BCAA 4:1:1 (L-Leucine, L-Iso-leucine, L-Valine)], L-Glutamine, Taurine, **Whey protein concentrate**, L-Arginine Alpha Ketoglutarate, Acidity Regulators (Citric acid, Malic acid), Flavoring: Mixed Fruit, Thickening: Acacia Gum, Sweeteners (Sucralose, Acesulfame K), Zinc gluconate, Anti-C-lumping: Silicon dioxide, Colorant: Sunset Yellow, Pyridoxine Hydrochloride.

	BCAA 4:1:1		TAURINE
	L-GLUTAMINE		L-ARGININE
	Whey Protein		Total Aminoacide



**28**  
SERVINGS



## BCAA MIXTURE FRUIT MIX FLAVOR 23 GR x 14

### Ingredients:

BCAA Mixture blend [BCAA 4:1:1 (L-Leucine, L-Iso-leucine, L-Valine)], L-Glutamine, Taurine, **Whey protein concentrate**, L-Arginine Alpha Ketoglutarate, Acidity Regulators (Citric acid, Malic acid), Flavoring: Mixed Fruit, Thickening: Acacia Gum, Sweeteners (Sucralose, Acesulfame K), Zinc gluconate, Anti-C-lumping: Silicon dioxide, Colorant: Sunset Yellow, Pyridoxine Hydrochloride.

	BCAA 4:1:1		TAURINE
	L-GLUTAMINE		L-ARGININE
	Whey Protein		Total Aminoacide



**14**  
SERVINGS



# AMINO ACIDES



## BCAA COMBINED CHERRY FLAVOR 528 GR

### Ingredients:

BCAA Blend [BCAA 4:1:1 (L-Leucine, L-Isoleucine, L-Valine)], L-Glutamine, Acidity Regulator (Citric acid, Malic acid), Flavoring: Cherry, Sweeteners (Sucralose, Sodium Saccharine), Anti-Clumping: Silicon dioxide, Colorant (Allura Red), Pyridoxine Hydrochloride.



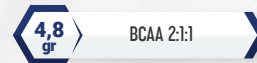
**48**  
SERVINGS



## MARCO BCAA 2:1:1 60 TABLET

### Ingredients:

BCAA 2:1:1, Volume Enhancer: Microcrystalline Cellulose, Stabilizer: Polyvinylpyrrolidone, Anti-caking: Magnesium Salts of Fatty Acids and Silicon Dioxide, Pyridoxine Hydrochloride (Vitamin B6)



**15**  
SERVINGS



# AMINO ACIDES



**CREATINE %100 MICRONIZED UNFLAVOR 300 GR**

**Ingredients:**

Creatine Monohydrate



**L-GLUTAMINE UNFLAVOR 300 GR**

**Ingredients:**

L-Glutamine



**60**  
**SERVINGS**



**60**  
**SERVINGS**

# WEIGHT & VOLUME



## MARCO MASS GAINER CHOCOLATE FLAVOR 3000 GR

### Ingredients:

Maltodextrin, Dextrose Monohydrate, **Whey Protein Concentrate**, Cocoa Powder, Vitamin and Mineral Blend (Calcium, Phosphorus, Vitamin C, Vitamin B3, Zinc, Vitamin B6, Vitamin B5, Vitamin B1, Vitamin B2, Folic Acid, D-Biotin, Vitamin B12), Flavoring: Chocolate and Vanilla, Creatine Monohydrate, Stabilizer: Acacia Gum, L-Glutamine, Taurine, Anti-Clumping: Silicon dioxide, Sweetener: Sucralose.



**14**  
**SERVINGS**



## MARCO MASS GAINER BANANA FLAVOR 3000 GR

### Ingredients:

Maltodextrin, Dextrose Monohydrate, **Whey Protein Concentrate**, Vitamin and Mineral Blend (Calcium, Phosphorus, Vitamin C, Vitamin B3, Zinc, Vitamin B6, Vitamin B5, Vitamin B1, Vitamin B2, Folic Acid, D-Biotin, Vitamin B12), Creatine Monohydrate, Thickener: Acacia Gum, L-Glutamine, Taurine, Anti-caking: Silicon dioxide, Flavoring: Banana, Lactase Enzyme, Sweetener: Sucralose.



**14**  
**SERVINGS**



# ENERGY & FORM



## CARNITIME TROPICAL FRUIT & ALOE VERA FLAVORS 500 ML

### Ingredients:

Deionized Water, L-Carnitine, Acidity regulators (Citric acid and Malic acid), Taurine, Preservatives (Sodium benzoate and Potassium sorbate), Sweeteners (Steviol glycosides and Sucralose), Caffeine Flavoring (Tropical Fruit and Aloe Vera), Thickener: Acacia Gum, Vitamin C (Ascorbic Acid), Colorant: Quinoline Yellow.

2520 mg	L-CARNITINE
520 mg	TAURINE
80 mg	CAFFEINE



1  
SERVING



## BCAA DRINK GREEN APPLE FLAVOR 500 ML

### Ingredients:

Deionized Water, BCAA Drink Blend [BCAA 4:1:1 (L-Leucine, L-Isoleucine, L-Valine)], Acidity Regulator (Citric Acid and Malic Acid), Taurine, Thickener: Acacia Gum, Flavoring: Green Apple And Turbidizer, Sweetener (Sucralose and Sodium Saccharin), Preservatives (Potassium Sorbate and Sodium Benzoate), Ascorbic Acid, Pyridoxine Hydrochloride, Colorant: Green.

7500 mg	BCAA 4:1:1
1500 mg	TAURINE
1,6 mg	Vitamin B6



1  
SERVING

# FAT BURNERS



## L-CARNITINE LEMON FLAVOR 1000 ML

### Ingredients:

Deionized Water, L-Carnitine, Acidity Regulators (Phosphoric Acid and Citric Acid), Caffeine, Preservatives (Potassium Sorbate and Sodium Benzoate), Ginseng Extract (Root), Sweetener: Sucralose, Flavoring: Lemon.

2040 mg	L-CARNITINE
100 mg	CAFFEINE
20 mg	Ginseng Extract



**33**  
SERVINGS



## L-CARNITINE SWIG BLACK CURRANT FLAVOR 40 ML x 20

### Ingredients:

Deionized Water, L-Carnitine, Beta Alanine, Acidity regulators (Phosphoric acid, Citric acid, Malic acid), Taurine, Caffeine Anhydrous, Flavoring: Black Currant, Ascorbic Acid, Preservatives (Potassium sorbate, Sodium benzoate), Nicotinamide, Sweeteners (Sucralose, Acesulfame K), Pyridoxine hydrochloride, Chromium picolinate, Cyanocobalamin,

3000 mg	L-CARNITINE
110 mg	CAFFEINE
600 mg	BETA ALANINE
500 mg	TAURINE



**20**  
SERVINGS



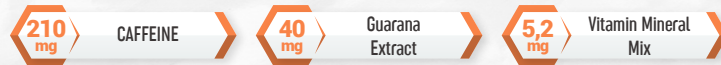
# COFFEE



## SANMARCO COFFEE GOLD SERIES 90 GR

### Ingredients:

San Marco Coffee Blend (Soluble Coffee and Caffeine Anhydrous), Guarana Extract, Vitamin-Mineral Premix (D-Pantothenate Calcium, Riboflavin, Pyridoxine Hydrochloride, Thiamine mononitrate, Pteroylmonoglutamic acid, Biotin, Chromium, Selenium)



**30**  
SERVINGS

# CERTIFICATES





# SANMARK®

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